



# THIS WEEK

July 13<sup>th</sup> – July 17<sup>th</sup>



Scan Here to Order Online

## What's Happening

### Breakfast Special

Egg, Pepperjack, Avocado, English Muffin

### Salad of the Week

Chicken Cobb Salad, Balsamic Dressing

### Sandwich of the Week

Grilled Buffalo Chicken Panini

### Action Station Specials

**Tuesday-** Salmon Smash Bowls

**Wednesday-** Burrito Bowl

**Thursday-** Summer Salad

Before placing your order, please inform your server if a person in your party has a food allergy.

Food by **FLIK**

### CHICKEN PROVENCAL

Mashed Potatoes **FIT**  
Garlic Rapini  
Roasted Vegetable Ratatouille **FIT**

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**Deli** Chopped Greek Chicken Salad, Wrap

**Grill** Fried Chicken & Waffles

**Salad** Blueberry, Cantaloupe, Spinach, Feta, Spiced Pepita **FIT**

**Soup** Roasted Red Pepper Bisque **FIT**

### ASIAN BBQ GLAZED PORK

Napa Cabbage Slaw **FIT**  
Garlic, Scallion Fried Rice  
Ginger, Garlic Green Beans  
Spicy Roasted Broccoli  
Roasted Edamame **FIT**

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**Deli** Havarti Roast Beef, Dijon Panini

**Grill** French Dip; Roast Beef, Baguette

**Salad** Roasted Corn, Chickpeas, Tomato, Avocado

**Soup** Andouille Sausage, Chicken Gumbo **FIT**

### JERK CHICKEN THIGH FIT

Basmati Rice, Peas **FIT**  
Jerk Marinated Seitan  
Baked Plantains **FIT**  
Braised Mustard Greens **FIT**

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**Deli** Smoked Turkey, Brie, Roasted Apples, Fig Jam, Arugula, Baguette

**Grill** Sweet Italian Sausage, Onions, Peppers, Hero Roll

**Salad** Salmon, Blueberry, Lemon Raspberry Vinaigrette

**Soup** Potato Leek **FIT**

### CHICKEN PARMESAN, MARINARA SAUCE

Penne Pasta **FIT**  
Garlic Bread  
Roasted Broccoli Rabe, Garlic **FIT**  
Balsamic Glazed Zucchini, Squash, Basil

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**Deli** Heirloom Tomato, Burrata, Sourdough

**Grill** Beef Gyro

**Salad** Grilled Native Corn, Mixed Bean **FIT**

**Soup** Italian Wedding

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**Grill** Bacon, Cheeseburger Sliders

**Soup** Chef's Choice

Kindly Note that the café cannot accept cash