

THIS WEEK

September 15 - Sept 19

What's Happening

At the Action Station

- T** Buffalo Chicken, Shrimp Salad
- W** Chicken Tinga Burrito Bowl
- Th** Lo Mein

Breakfast Special

Bacon, Cheddar Frittata

Before placing your order, please inform your server if a person in your party has a food allergy.

Food by **FLIK**

M

CLAM SHRIMP, RISOTTO

Red Potato Hash **FIT**
Sautéed Spinach, Grape Tomato

- Deli** Buffalo Chicken Salad, Brioche Roll
- Grill** Black Bean Burger Quesadilla Wrap
- Salad** Macaroni Salad
- Soup** Cream Of Broccoli
Chicken Orzo Soup **FIT**

T

CUBAN POLLO A LA PLANCHAS

Steamed White Rice, Black Beans
Roasted Brussel Sprouts **FIT**



- Deli** Prosciutto, Asiago Cheese, Arugula, Fig Jam, Baguette
- Grill** Chicken Souvlaki Sandwich
- Salad** Quinoa Cilantro Lime Salad **FIT**
- Soup** Cuban Black Bean Soup
Chicken Orzo Soup, **FIT**

W

JALAPENO, CILANTRO, MARINATED PORK LOIN

Chive Polenta **FIT**
Honey Roasted Butternut Squash **FIT**

- Deli** Crispy BBQ Chicken, Bacon Cheddar, Avocado, Wrap
- Grill** Blackened Salmon Tacos, Red Cabbage Slaw, Chipotle Crema
- Salad** Three Bean, Chicken **FIT**
- Soup** Shrimp Bisque
Cuban Black Bean **FIT**

Th

CRISPY EGGPLANT PARMESAN STACKS

Penne Pasta
Sautéed Broccoli Rabe, Roasted Garlic



- Deli** Turkey, Coleslaw, Swiss Cheese, Thousand Island, Rye Bread
- Grill** Sloppy Joe
- Salad** Farro, Arugula **FIT**
- Soup** Charred Tomato, Chipotle Lime **FIT**
Shrimp Bisque

F

BUFFALO CHICKEN TENDERS

Choice of sides

- Soup** Charred Tomato, Chipotle Lime **FIT**

Sandwich of the Week: Roast Beef, Asiago, Caramelized Red Onion Spinach, Horseradish Mayo, Baguette

Salad of the Week: Chef Salad