

MIEN U

Week of
May 5, 2025

Café Main
and Elm

SCAN HERE FOR
MOBILE ORDERING



CELEBRATE
**CINCO
DE
MAYO**

Monday, May 5

**BURRITO
MADNESS**

Food by FLIK

Signature
**SAUCES FOR
SUMMER**

functional
FOODS



HERBS

Herbs like mint, cilantro, dill, basil and many others, are rich in vitamins and antioxidants. Herbs enhance flavor while reducing the need for salt, sugar, and added fats.

Food by FLIK

Let's connect @FLIKhospitality

M

WEEKLY BREAKFAST SPECIAL Bacon, Cheddar Frittata

Chicken Tortilla

FLANK STEAK FAJITA BURRITO

Refried Beans
Southwestern Spiced Roasted Mixed Vegetables

Salad Mexican Street Corn Salad **FIT**
Deli Curried Chicken Salad, Brioche Bun
Grill Nacho Tots



T

Broccoli, White Bean, Cheddar **FIT**
Chicken Tortilla

GREEK SHRIMP, ORZO, FETA

Lemon Garlic Roasted Potatoes **FIT**
Carrots, Honey, Dill

Salad Brussel Sprouts Coleslaw **FIT**
Deli Chicken Cutlet Caprese, Ciabatta
Grill Roast Beef French Dip, Caramelized Onion, Provolone
Garlic Bread

ACTION BYO CAESAR SALAD **FIT**

W

Manhattan Clam Chowder
Broccoli, White Bean, Cheddar **FIT**

THAI GREEN CURRY CHICKEN

Broccoli Stir-Fry
Steamed Jasmine Rice **FIT**

Salad Tomato, Mozzarella, Basil **FIT**
Deli CHOPPED Greek Chicken Salad Wrap
Grill Korean Fried Chicken Sandwich

ACTION NEW YORK DELI

Th

Curries Butternut, Lentil **FIT**
Manhattan Clam Chowder

PENNE BOLOGNESE

Farro, Parmesan, Basil
Roasted Zucchini, Italian Herbs, Garlic **FIT**

Salad Smokey Chipotle Potato Salad **FIT**
Deli Black Forest Ham, Baked Apples, Brie, Multigrain Hero
Grill Classic Monte Cristo

ACTION CRISPY SHRIMP, TOFU, RICE BOWL

F

Buffalo Chicken Fingers
Curly Fries

GRAB AND GO

Sandwich of the week Smoked Turkey, Cheddar BLT, Avocado, Ranch
Kaiser Roll

Salad of the week Greek Salad, Chicken