

FITNESS CENTER CLASSES

➤ **Yoga Classes**

- Tuesdays @ 5:30PM & Thursdays @ 7:30am
- \$5.00 per class



➤ **Spin Classes –**

- Wednesdays @5:30pm
- \$10.00 per class



PLEASE SIGN UP AT THE FITNESS CENTER RECEPTION DESK OR
EMAIL mainlmfitness@am-property.net